

First Class Scoutmaster Conference

Scout Name: _____

Date: ____ / ____ / ____

Checklist for knowledge of requirements to attain rank of First Class

Requirements		Proficient	Needs work
<input type="checkbox"/> DEMONSTRATE HOW TO FIND DIRECTIONS W/OUT COMPASS			
<input type="checkbox"/> COMPLETE AN ORIENTEERING COURSE			
<input type="checkbox"/> PARTICIPATE IN 10 TROOP/PATROL ACTIVITIES			
<input type="checkbox"/> HELP PLAN A PATROL MENU BREAKFAST, LUNCH, DINNER			
<input type="checkbox"/> TELL HOW MENU USES EACH FOOD GROUP			
<input type="checkbox"/> SHOW BUDGET PLAN FOR MENU			
<input type="checkbox"/> LIST EQUIPMENT NEEDED FOR EACH MEAL			
<input type="checkbox"/> EXPLAIN SAFE STORAGE OF MEATS, DAIRY, VEGETABLES			
<input type="checkbox"/> EXPLAIN PROPER DISPOSAL OF ALL CAMP GARBAGE			
<input type="checkbox"/> SERVE AS HEAD CHEF FOR YOUR PATROL ON ONE CAMPOUT			
<input type="checkbox"/> DISCUSS YOUR CONSTITUTIONAL RIGHTS AND OBLIGATIONS AS A US CITIZEN WITH AN APPROVED INDIVIDUAL			
<input type="checkbox"/> IDENTIFY 10 PLANTS FOUND IN YOUR COMMUNITY			
<input type="checkbox"/> DISCUSS WHEN YOU SHOULD & SHOULD NOT USE LASHINGS			
<input type="checkbox"/> DEMONSTRATE TYING THE TIMBER HITCH AND CLOVE HITCH AND THEIR USE IN SQUARE, SHEAR, AND DIAGONAL LASHINGS BY JOINING TWO OR MORE POLES OR STAVES TOGETHER.			
<input type="checkbox"/> USE LASHING TO MAKE A USEFUL CAMP GADGET			
<input type="checkbox"/> DEMONSTRATE THE TYING, NAME, USES OF THE FOLLOWING			
<input type="checkbox"/> -Square Knot			
<input type="checkbox"/> -Timber Hitch			
<input type="checkbox"/> -Clove Hitch			
<input type="checkbox"/> -Bowline			
<input type="checkbox"/> -Two Half Hitch			
<input type="checkbox"/> -Taut line			
<input type="checkbox"/> -Sheet bend			
<input type="checkbox"/> DEMONSTRATE BANDAGES FOR A SPRAINED ANKLE AND FOR INJURIES ON THE HEAD, THE UPPER ARM, AND THE COLLARBONE.			
<input type="checkbox"/> DEMONSTRATE HOW TO TRASPOT YOURSELF AND ANOTHER PERSON FROM A SMOKE FILLED ROOM AND WITH A SPRAINED ANKE			
<input type="checkbox"/> TELL THE 5 MOST COMMON SIGNS OF A HEART ATTACK			
<input type="checkbox"/> EXPLAIN THE STEPS IN PERFORMING CPR			
<input type="checkbox"/> DEFINE (SAFE TRIP AFLOAT)			
<input type="checkbox"/> SUCCESSFULLY COMPLETE BSA SWIMMER TEST			
<input type="checkbox"/> SHOW LINE RESCUE AS BOTH TENDER AND RESCUER			
<input type="checkbox"/> DEMONSTRATE SCOUT SPIRIT BY LIVING OATH & LAW			
<input type="checkbox"/> TELL THE THREE SIGNS OF A STROKE			
<input type="checkbox"/> EXPLAIN THE PARTS OF THE SCOUT BADGE			